Shuswap Lake Estates Ltd.

Box 150, Blind Bay, BC VOE 1HO **250-675-2523** **Feb. Mar. Apr 2017**



Bring your Valentine out for Dinner and Music at Duffer's Den Restaurant & Lounge On Tuesday, February 14

Sunday's Cool Jazz Band will be there to serenade you as you dine with your sweetheart. Music starts at 6pm

- **Appetizer or Salad** – Coconut Tempura Prawns, or Starter Spinach Strawberry Salad, or Mushroom Neptune Your choice $8/each
- **Main Course** – Sirloin Steak Seafood Medley, Salmon Neptune, Lamb Shanks, Fettuccine Alfredo with Prawns, or Cranberry Brie Chicken Your Choice $25/each
- **Dessert** – Chocolate Mousse Cake or Two Red Velvet Cupcakes Your choice $8/each
- Reservations are Required 250.675.2510





LIVE MUSIC AT DUFFERS ON FRIDAYS

Feb 24~**Two for the Show**
Mar 10, Mar 24, Apr 7 and Apr 21~**TBA**



COME WATCH THE SUPER BOWL FEB 5

We are having $5 Appy's. Chicken Wings, Spring Rolls, Mozza Sticks, Cracked Pepper Fries, Nachos, Meat Balls, and Deep Fried Pickles. As well as beer and highball specials. Lots to choose from or try one of everything!

NEW MENU

We will be launching a new menu in March. It is looking real good with gluten free and vegetarian options available.

RENOVATING

We are renovating the North East portion of our building. This is an excellent location for a small wedding or family reunion, private party etc. Planning a summer wedding? We have the putting green adjacent to the building and large patio over-looking the golf course as two options that provide a place for extra seating.
For more information contact Wendy at 250.675.2315 or Carla at 250.675.2510. This is a great location for your fundraiser, craft sale, you name it and we will see how it works.

Autumn Ridge
at Shuswap Lake Estates

We are very excited about continuing to move this project forward. Our goal to develop an active senior living and housing community within Shuswap Lake Estates has been met with enthusiasm and positive community feedback.

We are looking forward to all of the client consultations we have scheduled for February.

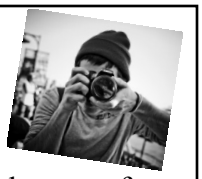
If you would like more information on the Autumn Ridge Community, building lot, and home plan options please drop in at the sales office or give Krysta a call at 250.675.2523 or 250.253.6147

krysta@shuswaplakeestates.com

Shuswap Lake Estates

would like to welcome Korina Felhauer to our marketing and sales team as our newest member. Korina brings a wealth of marketing experience to the team, her professionalism and enthusiasm will be a huge asset to the sales and marketing division. Additionally, Korina will be acting as Shuswap Lake Estates Community Liaison. Stay tuned for upcoming events!!

Give Us Your Best Shot



We are celebrating the beauty of Shuswap Lake Estates and we need your help to capture all that SLE has to offer. Your photos may be featured on our newly designed website and in our spring newsletter.

Please submit photos to korina@shuswaplakeestates.com



Al McClelland has been in the **rustic furniture** and **antique business** for over 40 years specializing in items reminiscent of the "**old west**". His business "**Uncle Al's**", on the hwy just west of the golf course, has opened up a winter showroom in the Blind Bay Marketplace mall between Spinnakers Café and It's All Good Bulk and Health Food store.

Here you will be able to see a wide range of Rustic furniture and related antiques, as well as a selection of logs, stumps, poles and boards to **create custom pieces** or purchase to make your own **one of a kind furniture**. The walls of the store hold displays of beautifully framed photos taken of wild horses by "**Kenneth Buck**". Al will be happy to help you with whatever your needs may be and will assist in creating what your imagination dreams up. Store hours are variable at this time of the year, but you can call him any time at 250.804.6373 and track him down.

WEEKLY ACTIVITIES AT SLE COMMUNITY CENTRE

MON	Sponge Ball	9:00 am– 12:00 pm
	Line Dancing Intermediate	1:00 pm- 3:00 pm
TUES	Good Time Quilters(1st, 3rd, & 5th)	9:00 am– 3:00 pm
	Ladies Bridge	1:00 pm– 4:00 pm
	Sponge Ball	9:00 am– 12:00 pm
WED	Line Dancing Beginners	10:00 am– 11:30 am
	Line Dancing Advanced	1:30 pm – 3:00 pm
	Lego Club (Feb 8, 22, Mar 8, Apr 5, 19)	6:30 pm– 7:30 pm
	Ballroom Dancing	7:00 pm– 9:00 pm
THURS	Play Group	9:00 am– 12:00 pm
	Shuswap Pipers	1:00 pm– 4:00 pm
FRI	Scrappy Quilt Chicks	9:00 am- 3:00 pm
	Sponge Ball	9:00 am– 12:00 pm
	Jr. Youth Group (Grades 5-7)	6:30 pm– 7:30 pm
	Youth Group (Grade 8 & up)	7:30 pm– 9:00 pm
	Family Movie Night (3rd Fri)	6:00 pm– 8:00 pm
SAT	Alcoholics Anonymous	9:30 am– 11:30 am
SUN	River of Life Service	10:00 am
	Sunday School	10:15 a.m.

IT'S ALL GOOD BULK & HEALTH FOOD PLUS

Open Mon– Sat 9:30am to 5:00pm

MORE THAN JUST A HEALTH FOOD STORE!
***SHOP LOCAL ***
Located in the Blind Bay Marketplace
2417 Golf Course Drive

Customer Appreciation Points Program
FREE Membership - Great Rewards

Customer Appreciation Day Sale on the **First Tuesday** of every month (**Open 9:30 to 6:00 pm** for your convenience): **55+** receive 20% off vitamins and supplements, under **55** receive 15% off. Some exclusions might apply.

- ♦ Supplements and Vitamins
- ♦ New Everyday 55+ Discount on Vitamins & Supplements
- ♦ Reverse Osmosis Water Refilling Station
- ♦ Non Toxic Health and Beauty Products
- ♦ Bulk, Organic, Gluten Free, Non-GMO, Local, Food Products
- ♦ Variety of Pet Food and Bulk Treats
- ♦ Thank you for shopping locally

Only supplier of **ACANA** and **ORIJEN** cat & dog food in the area!

Shuswap FITNESS

Valentine's Day Special
One day only get 10% off any memberships!!

*****GROUP TRAINING CLASS *****
** Feb 14~Mar 16** (Tues & Thurs)
New to the gym? Need to re-vamp your current program?
Two classes to choose from 11am or 1:30pm
Cost is $100, 10 spots available per time slot
Reserve your spot today!!!

**** KIDS SPRING BREAK SPORTS CAMP ****
Mar 21~Mar 30 (Tues & Thurs) @ 11am–12:15pm for kids ages 8~13
Cost is $15/day or $50 for all four sessions only ten spots available
Improve skills, leadership, footwork, and much more!!
Email Kaitlin @ katieywmcpherson@gmail.com or call 250.675.4446

Come in and try out one of our many classes we offer.

Gift Certificates &Tanning available
Check out our website for class schedule @ **www.shuswapfitness.com**
Don't forget to check out our Facebook page! **250.675.4446**

OKANAGAN REGIONAL LIBRARY

WHAT'S GOING ON AT THE LIBRARY



Thurs, Feb 2 at 10:30am: Would you like to release stress, anxiety, pain, sleep better? Come check out this workshop on "Emotional Freedom Technique" or "Tapping" with our library friend Marilyn.

Sat, Feb 11 at 1:00pm: 2nd session of our "Four Seasons of the Shuswap" series that will highlight local aboriginal culture throughout each season.

Wed, Feb 15 at 11:00am: Come & learn about everyday uses for essential oils during this hands-on information hour. Jen from Living Young Oils has lots of info, especially with the cold & flu season upon us.

Knitting & Crocheting Group: Every 1st & 3rd Fri from 10am–11am (every month). All Levels Welcome! Bring your project & sit in front of the fire for this fun, interactive hour.

Salsa Dancing: Tuesdays from 3pm—4:30pm. Have fun & learn some awesome steps, bring a partner or come on your own. No experience necessary.

Writer's Nook: Every 2nd & 4th Wed from 11am–1pm. This group is welcoming new members. Come sit by the fire, meet new friends & share.

Children's Programming:

Mother Goose: Fri, Feb 10–Mar 10 from 10:15am–11:15am. A fun interactive hour filled with songs, rhymes, and finger plays for ages 3 and under.

Crafty Saturdays: Feb 4 (Fish Printing), Mar 4 (Learn the art of finger knitting), & Apr 1 (Messy fun! Slimes, goo's & putty's @ 2pm for ages 6 and up. Pre-registration is required.

PJ Storytime: Tues, Feb 14 & Mar 14 from 6pm–6:45pm. Come and join in this fun evening, light snack included.

Lego Club: Wednesdays from 3:30pm–4:30pm For ages 3-12 year olds. Come create something spectacular with our LEGO.

Check out our website http://www.orl.bc.ca/branches/south-shuswap for more events!
For more Information on these **FREE** programs, please contact the library at 250.675.4818

Many of you have noticed the logging that we have been doing at the top end of **Balmoral Rd**. We have left several buffer areas throughout the property and we will be doing cleanup and enhancement in the spring. Our current plan is to create a **network of walking trails** (no motorized vehicles allowed). While the property previously had trails, there was little public walking taking place and now that the property is opened up we expect public walking to increase dramatically. We want to create an **off road parking area off** Golf Course Drive in the only area where we logged the trees right to the road. While these trails cannot be considered permanent, we do expect them to be in use for several years to come. **We hope to have the trails groomed and in use by midsummer or sooner**.



NEW TAKE HOME DINNERS

Take the night off from the kitchen and take home something **delicious** from ours! Now offering take home dinners, **just heat and serve**. All meals are prepared in our kitchen and will easily serve one person. Look out for our **weekly specials**. Why not stop in and enjoy a great breakfast or lunch and take home something for supper too.

SHUSWAP LAKE ESTATES REAL ESTATE

Build your very own Mountain Home Retreat nestled in the spectacular scenery that Shuswap Lake Estates offers. Prime Building Lots: Highlands or Fox Glen For more info on lots and new home prices, or to book a new home tour, come visit us at the sales office.

250.675.2523

sales@shuswaplakeestates.com



Lindy's Boutique





Buy 1 item, get 20% off
Buy 2 items, get 30% off
Buy 3 items, get 40% off
On Select Fall & Winter Merchandise

Trendy affordable fashions showcased in a mobile Boutique located in the Blind Bay Marketplace Mall.
Open Tues–Sat 11am–4pm
Phone 778.490.5113

WELCOME

A big welcome to the new home owners that recently moved to Shuswap Lake Estates. In 2016, there has been 109 new homeowners move into the area, and 13 new builds. We welcome you to drop by the office and take a tour of our Community Centre. Shuswap Lake Estates Office Hours are Mon~Fri 9am–5pm 250.675.2523



We carry a large assortment of hobbies, crafts, collectables, models, and puzzles. Come in and see what we have, something for everyone!
Open Tues~Sun 10am~4pm
250.675.2993
Closed Most Holidays



River of Life Community Church

Shuffle the Deck
Feb 18 @ 7:00pm
An evening of playing cards, Crib, and listening to good music. Coffee & tea will be provided, please bring snacks/finger food to share. All adults are welcome to come out. Babysitting will be provided by River of Life Youth Group.

Double Feature Christmas Family Movie Night
Mar 17 @ 6 pm & 8 pm

Easter Service Apr 16 @ 9am–10am

Lego Races – April 22 @ 1pm–3pm To purchase a car kit for $5
For more info contact Sandi @ 250.675.3943



WINNERS OF THE SLE & DUFFER'S DEN RESTAURANT & LOUNGE

The Christmas lights were judged on the eve of December 22, 2016 for the following categories:
"Most Artistic" - Wayne & Dawn Fitzmaurice of 2756 Golf Course Drive
"Most Creative" - Don & Carol Ann Kimmie of 2860 Marine Drive
"It's A Jolly Jolly Christmas" - Barry Chipiuk & Patricia Kimmie of 2472 Marine Place
Congratulations and thank you to everyone for helping Shuswap Lake Estates look so light and bright at this wonderful time of year!

Shuswap Lake Estates Country Club

NEWSLETTER FROM OUR GOLF PRO

Happy mid winter everyone. Somewhat. Oh no, two months to go. Cannot wait.

I am sure many of you would like to have your swing in shape for the coming season. The indoor range facility is up and operating and we expect this facility will be very busy with lessons and practice time through February and March . This facility is located upstairs of Duffer's Lounge. It is available Monday through Sunday but closed on Tuesdays. If you wish to book a time for instruction or practice please contact me at 250.833.8840 or by email at billwilson50@hotmail.com. This facility is complete with indoor netting (hit real golf balls) and a putting surface. Video is available for the instruction. Rates and programs are available at this facility for your pick up at any time or also available at SLE office and Duffer's Lounge.

Junior Golf will be one of the main focuses this coming season. High priority. Two programs are available to any youth from the ages of eight through 18. First is what I call the local program. It consists of 18 Wednesday evening sessions (excludes the summer). Open to members and non-members, boys and girls. Wednesday evenings is Junior Night and consists of 3/4 hour of instruction followed by nine holes of golf, dinner and prizes.

Summer will consist of two Junior Camps. These are 4 day camps open to girls and boys ages eight through 18. It includes instruction and nine holes of golf daily finishing with dinner on the final day. Last season we changed from a two day camp to a four day camp and this ended up to be very successful. The juniors really enjoyed the golf daily and I enjoyed the extra time with them regarding the instruction. At the completion, I was very pleased of how much improvement was made to their game. Camps are limited to 12 students and will add more camps if necessary. This season the dates of the camps are July 18 through 21 and August 8 through 11.

I will be looking for volunteers to assist with the playing portion of this program. One adult per group. If you are interested please let me know. Best by email so I have record.

One final item and that is the ALS Fundraiser in June. The date has not been decided at this time but I will let everyone know when it is scheduled. Last season, unfortunately, due to a health reason I had to cancel so I am hoping this will be a total success this year. Format for the day is to play all day (seven rounds at two hours each). Each round I will be joined by a different golfer**.** I am looking for some volunteers for ball spotting and to arrange the groups ahead so that we may play through.

If you are interested in volunteering please let me know (by email is preferred).

Let us hope this snow goes fast so we can be on the course at the latest April 1. Enjoy the remaining part of the winter.

CPGA Professional Bill Wilson



Supporting the Trend in Junior Golf

Nov 2016 issue of Golf Digest reports that while participation in many sports by our youth between ages 6 and 17 has been declining, junior golf in the U.S. has bucked the trend and grew a sturdy 18.5% between 2009 and 2014 and is still growing. With the new changes to the licensing of our clubhouse, we are now very excited that

minors are now welcome in all but one area of the building making the environment much more "youth friendly" and a perfect time to step up our Junior Golf Program and support the trend.

Our Junior Golf Program

FREE MEMBERSHIP (8-12 yrs) Includes:
(must be accompanied by an adult)
Playing Privileges
Junior Night

JUNIOR MEMBERSHIP (13-18 yrs) $300. Includes:
Unlimited playing privileges
Range Pass (some restrictions)
Junior Night

JUNIOR NIGHT (non-members) $140. Includes:
Junior Night

Junior Night Consists of

3/4 Hour of Instruction
9 Holes of Golf
Prizes, Meal

(Summer Junior Camps also available)

The program is taught by our Golf Pro, Bill Wilson. It starts Wed, April 19 and runs every Wed to end of June and then starts back up again first Wed in Sept until middle of Oct. It includes 3/4 hour of instruction at the golf course and the range and then 9 holes of golf. (we shorten the course for beginners)
(each participant is required to have their own clubs)

Opportunity for Sponsorship & Support

Our Junior Golf Program is also an opportunity for adults or businesses to sponsor the youth. Here are a couple of ways:

Support can be by assisting with the Golf Program.

Financial sponsorship for prizes, meal, wind-up, and more a the season progresses and opportunities develop.
Sponsors will be acknowledged on an Acknowledgement Board throughout the season.

SHUSWAP LAKE ESTATES GOLF COURSE

We anticipate opening the golf course on April 1 or as close to that as weather permits. We open with a rate of $50.00 includes cart.
New to the area and considering becoming a member or looking for information on golf packages? Give Wendy a call at 250.675.2315 or email wendy@shuswaplakeestates.com and I will be happy to answer any questions.
In April, we will be bringing two sales clerks into the Pro Shop, two full-time seasonal grounds crew, and a starter. If you are interested or now anyone that would be interested in working this year contact Wendy.
Also Duffer's Den is looking for servers please email your resume to Wendy.

SOUTH SHUSWAP HEALTH SERVICES SOCIETY

Age-Friendly Community Planning

South Shuswap Health Services Society in Blind Bay works to promote and support health care and medical services, and healthy communities. Its long-term goal is to promote and support sustainable health care and healthy age friendly communities in the South Shuswap. SSHSS established the **Copper Island Seniors Resource Centre in 2014 to meet the needs of Seniors**. CISRC has rapidly become a valued facility but depends on donations to assist with its operating costs. We'd like to give a huge **"Thank You" to Eagle Bay Hall Society** for their recent generous donation of $500. Your donations by cheque can be made payable to South Shuswap Health Services Society noting the funds are for the benefit of CISRC. Please call 250.675.3562 for information on tax receipts for donations. As well, your annual membership ($20) ($35) for two, in SSHSS goes a long way to support the many activities and services that CISRC is able to offer to local seniors.
We invite you to join us! Take a look at what we are all about:
http://sshss.ca/home/cisrc_home-htm/ or call 250.515.6047

St. Patrick's Day Celebration Fundraiser

We are busy planning a St. Patrick's Day Fundraiser, March 17 at Duffer's Restaurant & Lounge. It will feature an "Irish Songs Sing Along" with **Richard Good**, a dinner of Irish stews and trimmings while you are entertained by a very accomplished pianist. Of course, Irish Stout and Green Beer. The evening will also include a Ladies Fashion Show by **Lindy's Boutique** and Men's Fashion Show by Shuswap Lake **Golf Pro Shop**, raffles, 50/50 draw, other community booths, and a possible silent auction. Doors open @ 5pm, dinner starts @ 6pm, and show starts @ 7pm.

CISRC

CISRC is gearing up for the next session of the **LASS Cyberseniors Computer Program** beginning on Jan 30. Volunteer tutors and learners are paired for 1 hour sessions over 8 weeks. Feedback from previous sessions shows high satisfaction. Call if you would like to get on a future list. TAKE NOTE: if you are a regular computer user (you don't have to be an expert!) who could help others with the basic tasks—LASS needs more tutors!

Seniors Luncheons

A popular activity sponsored by CISRC is the regular monthly lunches at **Olde Town Centre**, usually held the first Thursday of the month. Mark the date on your calendar for February, March and April, and watch local media for specific menu details and booking information. Bring a friend and enjoy a delicious meal in a fun social setting.

Income Tax Time

It's income tax time again! **Trained CISRC volunteers** are ready to assist local, qualified seniors with filing 2016 income tax forms. Call 250.515.6047 to see what's available.

Wealth of Resources

Remember to check with CISRC if you are interested in their **nutritious 3-course frozen meals** (a terrific one-stop shopping idea during these wintry days), **regular foot care clinics** and **massage therapy sessions**. Drop in to see the wealth of resources we offer at
2405B Centennial Drive (next to SLE Sales Office).